

*Spring Social Skills
Classes 2011*

*March 26th - May 21st
(holiday April 23rd)*



9:00-10:00

Get Fit this Spring!

Class designed to encourage healthy bodies & brain development through participation in physical activity, movement & dance. We will be engaging in yoga for kids, music & finger plays, obstacle courses, organized games all based around a weekly theme & weather permitting, some outside time built in to the session! Structured teaching & visual supports are used to help children who have difficulty sequencing motor movements & following multiple step directions. Join this class ready to move your body alongside your friends!

9:00-10:00

Sensory Art

This class will challenge your child to explore his senses through a variety of activities each week. Through various colors, smells, textures and mediums, we will create art that requires your child to follow multi-step directions, explore new and different materials each week and have fun with friends at the same time! (Come ready to get messy, please send in an old t-shirt or art smock with your child if you want them to wear one.)

10:00-11:00

Sibling Group

This class will be run by Dr. Bev Bracken, a retired psychiatrist and grandmother to a 10 year old grandson with Autism and his two siblings. The group is for children ages 7 and up who have siblings with autism or a related disability. Each class will meet for an hour and will focus on sharing experiences through hands-on activities designed to facilitate discussions about what it is like to have a sibling with ASD. This class is not a formal support group, but will help children form friendships with others sharing similar life experiences.

10:00-11:00

Foodies

Patty Canton, M.A., NCC will teach this class designed to promote healthy eating skills for even the pickiest eater. Your child will learn the joy of preparing his/her own food while learning about food groups, exploring various tastes and textures, and learning alongside their peers. Each week, a new food will be prepared and eaten. All kids love this class, peers too, so come hungry!

10:00-11:00

Kindergarten Social Skills (ages 5-6)

This class is a social skills class designed for emerging social communicators! These young learners are ready to start learning perspective taking, work on joint attention skills, sharing enjoyment with others and beginning to understand the very basics of “thinking” versus “knowing”. This introductory class to Michelle Garcia Winners’ Social Thinking Curriculum will begin teaching the “Four Steps of Communication” and instructional worksheets and take homes will be sent home to help with generalization skills.

11:00-12:00

Preschool Social Skills

The Friendship Club focuses on early perspective taking skills & includes direct social skills teaching of specific concepts. Video modeling is used to teach feeling id & recognition in others. Kids in this group should be able to participate in a group setting with minimal support & use some verbal language to express needs. As well as social skills, some self- monitoring & behavior management skills are also taught in this class as precursors to being able to socialize in a group setting. The 5-point scale & other visual aides are utilized to help our kids visualize feelings & help work through conflict.

11:00-12:00

K-1 School Age School Skills

This class will be an extension of the class run last session for the kids ready to “graduate” to the next level of learning Michelle Garcia Winners’ social thinking curriculum. The group has already learned about expected and unexpected behaviors, and will build upon this curriculum next session through introducing “Superflex”, our Superhero friend that helps to navigate the social world along with friends like “Glassman”. Kids love this fun way to learn about personality quirks and how to recognize them in themselves and change their behavior for appropriate situations!

11:00-12:00

School Age Social Skills

*This class will utilize Michelle Garcia Winners **Social Detectives** curriculum for school age students. The class will focus on social thinking behaviors including expected & unexpected behaviors group. Our kids will become “Social Spies”, learning to recognize social behaviors in themselves & others. Superflex & his superhero friends will be introduced this session & worksheets from the curriculum will be used to help teach skills such as perspective taking.*

Registration Form

due by March 19, 2011

Pick your group:

<input type="checkbox"/> Get Fit!	9:00-10:00	\$275.00
<input type="checkbox"/> Sensory Art	9:00-10:00	\$275.00
<input type="checkbox"/> Foodies	10:00-11:00	\$275.00
<input type="checkbox"/> Sibling Group	10:00-11:00	\$25.00
<input type="checkbox"/> Kindergarten Social Skills	10:00-11:00	\$275.00
<input type="checkbox"/> Preschool Social Skills	11:00-12:00	\$275.00
<input type="checkbox"/> K-1 Social Skills	11:00-12:00	\$275.00
<input type="checkbox"/> School-Age Social Skills	11:00-12:00	\$275.00

Registration Form

due by March 19, 2011

Please fill out and return the following personal information:

Child's name _____

Date of birth _____

Parent/Guardians name _____

Address _____

Home phone _____ Cell _____

Email _____

Payment source _____

Please return to:

**The Learning Spectrum
125 Dillmont Rd
Columbus, OH 43235**

Call or Email with any questions:

(614) 844-5433
thelearningspectrum@gmail.com