



The Learning Spectrum, ltd.

*125 Dillmont Drive
Columbus, Ohio 43235
614-844-5433*

Feeding Therapy Group

Food Explorers

Group size: 4-6 students with 3 adults

Ages: 3-6

Who will benefit? Children who have limited variety of tastes and texture in diet, who have difficulty transitioning to more advanced textures, who refuse food, who have maladaptive behaviors around eating, and families who power struggle at mealtime.

Description:

This class, taught by an OT and SLP, utilizes the SOS (Sequential-Oral-Sensory) Approach to Feeding to assist preschool children and their families to overcome "feeding problems", including picky eating, food refusal, and power struggles, through sensorimotor play and exploration of food. Goals of the group include learning to have positive experiences with food, learning mealtime routines, decreasing resistance to touching, tasting, and swallowing food, and increasing range and volume of food ingested. Children will benefit from sensory, oral-motor, social skills, and language development techniques incorporated into each class.

Cost: \$716

- 10 Weeks
- 1 hour per week
- OT/SLP/teacher
- Includes all food
- Based on 5 group members